



*This month, Popoki is trying to recover from the hacking of his e-mail account.
We hope to be back with more news about activities soon!*

Popoki's Hot News!



Popoki's new book is finished!

Popoki's Friendship Story - Our Peace Journey Born out of the Great Northeastern Japan Earthquake is out and in bookstores!

This is the record of our 'Popoki's Friendship Story Project' which we have been doing in the disaster areas and other places.

Some of the proceeds go to help recovery. Please have a look and share it with your friends.

(Published by Epic 2012, color, 64 pages, A5 size, bilingual in Japanese and English, 1500 yen including tax). It is available through your local bookstore, amazon.co.jp, Epic, or the Popoki Peace Project. Please contact us for additional information.

←It is on sale at the Kobe YMCA, too!



The March Po-kai will be a study Po-kai!

Please join us to think about 'life.'

Date: 2012.3.10 14:00-17:00

Venue: Kobe YMCA Sanomiya Center

What to bring: ① Using your senses, one item that represents 'life.' (Examples: a photo, something that has a particular smell, taste, feel, etc.); ② Your own cup; ③ Some snacks to share.



Pieces of Peace

One of Popoki's friends, Yuri-nyan, a member of the Kobe YMCA International Voluntary Leader's group, sent a piece of peace:

"On the train, a baby's broad smile makes people around her happy and the warm atmosphere spreads out."

Please contribute a bit of peace! What sort of 'peace' did you encounter today? Please let us know by sending a message to Popoki's e-mail.

Popoki's E-mail Hacked!

On 9 February, Popoki's e-mail was hacked and messages were sent to many of his friends saying that Ronni had been robbed and needed money. This type of spam mail is quite frequent. If you receive a message and you are not sure if it is real, please ask questions to confirm that it is authentic. Never give your password or send money!



Popoki and Ronni apologize for any inconvenience.

We really appreciate the concern shown and the opportunity to be in touch with friends.

Popoki has a new address now:

ronniandpopoki(at)gmail.com

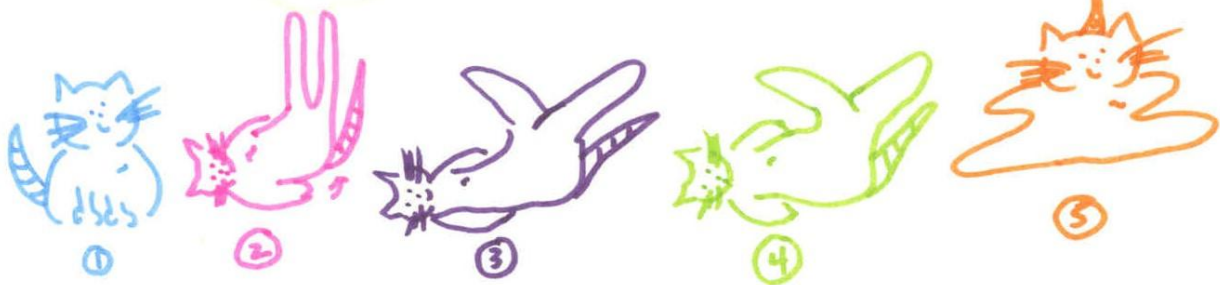
* We are trying to reconstruct the mailing list. If you received more than one copy of this Popoki News, please send Popoki an e-mail with your preferred address. Thank you.



Popoki's Easy Poga

Lesson 45

This month's theme is legs! It can help you feel better in many different ways!



1. As always, begin with sitting up straight and making yourself look thin.
2. First, lying down, raise both legs and your tail. If you like, raise your bottom, too.
3. Next, bring your left leg forward to your face and stretch out your right leg.
4. OK, switch legs!
5. Did it? Time for the 'success pose'.

Congratulations! You have successfully completed Lesson 45. Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

Please join us!

Next Po-kai: 3.10 Kobe YMCA Rm. 306 14:00- SEE BELOW!

- 2.25-26 Central Japan District YMCA Global seminar at Rokkosan YMCA (in Japanese).
- 3.4 Selling books at Kobe Eiko Church
- 3.8 Lecture on Human Rights in Amagasaki (Japanese)
- 3.10 "Thinking about Life with Popoki Workshop. All welcome. 14:00-17:00. See below for details.
- 3.21 Po-kai Kobe YMCA 19:00~
- 6.3 Nada Challenge? (tentative)
- 6.9 Popoki at Kodomo no sato (tentative)
- 7.7 HIV/AIDS event in Kobe
- November 'Peace and Health Event' HUHS



Won't you join Popoki to talk about 'life'?



We are all alive.
What does that mean?
What color is life? What does it smell like?
Life. Living. Birth.
How about thinking about it together?

Date: 10 March 2012 14:00-17:00
Venue: Kobe YMCA Sanomiya Center, Room 301
Participants: Anyone interested
Language: Mostly Japanese, but English is OK!
Sponsor: Popoki Peace Project

What to bring: ① One item which uses your senses and represents 'life.'
(Examples: a photo, something that has a particular smell, taste, feel, etc.);
② Your own cup or mug; ③ Some snacks you like to share.



http://popoki.cruisejapan.com/index_e.html
[ronniandpopoki \(at\) gmail \(dot\) com](mailto:ronniandpopoki@gmail.com)

Popoki in Print

- “Hope on 60 meters of cloth” Etsuko Akuzawa. (In Japanese) *Asahi Shimbun* 2012.1.21
- “Voice for Peace made into a book” Masashi Saito. (in Japanese) *Kobe Shimbun*, 2012.1.19
- K. Wada. “Conversations with Ronni Alexander: The Popoki Peace Project; Popoki, What Color is Peace? Popoki, What Color is Friendship?” *International Feminist Journal of Politics* Vol.13, No.2, 2011, 257-263
- S. McLaren. “The Art of Healing”(Popoki Friendship Story Project) *Kansai Scene*. Issue 133, June 2011, p.10. kansaiscene.com
- R. Alexander. (2010) “The Popoki Peace Project: Creating New Spaces for Peace in Demenchonok, E., ed. *Philosophy after Hiroshima*. Cambridge Scholars Publishing, pp.399-418
- 省窓: Column in *Kobe YMCA News*, No.606, 2011.1, p.1 (In Japanese)
- “What is Behind ‘Popoki, What Color is Peace?’ 1st in a series in “Tosabori Life” No.19 2010.10:4 (In Japanese)
- HORIKOSHI Takeshi. “Kokusai no mado” (article about Palestine) *Kobe YMCA News* No.604 2010.9-10, p.3
- “If we all participate, something will change! Reflecting on Palestine” *THE YMCA* No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 ‘Heart Lines’ 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- “Human Rights, Popoki and Bare Life.” *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. “Popoki, What Color is Peace? Lecture by Ronni Alexander.” “PPSEAWA” (Pan-Pacific and south-East Asia Women’s Association of Japan), No.63, 2009.12, p.5
- ‘Friendship’ No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- ‘Not for But With...’ No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- ‘Nada’ notice of the Popoki Peace Challenge event, 2009.12, p.2
- ‘Yujotte...Kangaeru Ehon.’ *Asahi Shimbun* 2009.7.2 AKUZAWA Etsuko
- ‘Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,’ *RST/ALN*, No.259 2009.6.28, p.11
- ‘New Books: *Popoki, What Color is Friendship? Popoki’s Peace Book 2*’ (Rebecca Jennison) “Cutting-Edge,” Vol.35 2009.6, p.3
- ‘Thinking about Peace with a Cat: Second Peace Book Published.’ (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- ‘Popoki, What Color is Peace?’ *Kobe YMCA News*, 2009.3.1. No.593. p.2
- ‘Popoki, What Color is Trash?’ *Kobe YMCA News*, 2009.1.1. No.592. p.2
- ‘Tomodachi ni Natte Kuremasenkai,’ *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee ‘Universal Declaration of Human Rights.’ Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- “KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki.” *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* “Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles” 2008.10.8. p.10
- “An Interview with Dr. Ronni Alexander.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- “Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- * **Back issues of Popoki News:** http://popoki.cruisejapan.com/archives_e.html



What Popoki Means to Me



私にとってのポーポキ~それは未知の人にもつながる友情のかけ橋

Akiko Fukushima

On November 25, 2011, a three day conference called "2011 Japan Peace Conference" was organized in Okinawa. Prior to the conference, i.e. from the 24th to 25th, an international



forum called "For a nuclear weapon-free, peaceful Asia-Pacific without military bases - Solidarity of Okinawa, Guam and Asia-Pacific" was held with 15 representatives from Guam, Philippines, Marshall Islands, Belau, Hawaii, and Korea. The representatives from Guam, Ms. Lisa NATIVIDAD, a member of Guahan Coalition for Peace and Justice and the youth who attended the forum claimed that the US Marines are big concern not only for Okinawa but also Guam, where the US Marines are believed to be moving from Okinawa.

After that, representatives ingenuously discussed the reasons why the US Marines are a problem for both countries. They understood that the issues regarding the US Marines that are troublesome for both Japan and Guam should be addressed by the United States by returning the troops back to America

Lisa was introduced to Popoki last year in Guam!! Alexander-san also introduced me to Lisa- san then, therefore I could directly greet her this time. I can say that Popoki is the bridge between our friendships.



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. Since the March 2011 earthquake, we have also worked in the disaster area and have recently published a new book about that work: *Popoki's Friendship Story - Our Peace Journey Born Out of the Great Northeastern Japan Earthquake*. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

***Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.**

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561·FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project (popokipeace(at)gmail(dot)com)

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



From within Japan, please use our Postal account or Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350

THANK YOU FROM
POPOKI!



http://popoki.cruisejapan.com/index_e.html
[popokipeace \(at\) gmail \(dot\) com](mailto:popokipeace(at)gmail(dot)com)