



Winter is beginning in earnest in Kobe. I'm worried about the cats living outdoors. The ones living inside are no doubt anxiously awaiting the arrival of hot carpets and heaters. I hope this Popoki News makes you feel a little bit warmer.

Popoki's Hot News!



Popoki had a chance to learn about Hansen's disease and also about the "comfort women" in Miyakajima. We want to share what we learned so we have planned a special Po-kai and International Hansen's Disease Day program!

'Popoki in Miyakajima - Popoki's feelings about the current situation of Hansen's Disease and the "Comfort Women" 2011.1.31 19:00~ Kobe YMCA Rm.306 Hope to see you there!

please contribute a bit of peace!



What sort of 'peace' did you encounter today?

please let us know by sending a message to Popoki's e-mail: popokipeace@gmail.com

One of Popoki's friends, Okome-san, is in the hospital. Here is her piece of peace:

"When we wake up in the morning, we all say 'good morning' to each other.
At that moment, I feel relief but also really peaceful."



Last month we introduced an article about Palestine written by Takeshi Horikoshi. You can view it (in Japanese) on the YMCA website:

http://www.kobeymca.or.jp/kobeseinen/pdf/2010_09_3.pdf

*This article was based on one in Popoki News No.54...which is in English!



Popoki and Ronni are gradually getting back to work. Thanks for your continued understanding and support.



POPOKI becomes Bottle Cap Art @ KOBE YMCA International Charity Bazaar

By Kenji Hirose

On 17th October, we held a workshop making bottle cap art of Popoki in Kobe YMCA International Charity Bazaar at Kobe YMCA in Sannomiya.

The target of this program is collecting caps of plastic bottles to support a campaign by an NPO "Eco Cap Movement", which donates vaccines for children in developing countries using money earned through recycling bottle caps, and also to think about reuse and recycling goods.

This workshop was part of the Kobe YMCA charity bazaar, and the "Kobe YMCA international voluntary leaders (Kokuvola)" cooperated with Popoki Peace Project for the program.

The day before the bazaar, we prepared a sample of Popoki bottle cap art and a message board to appeal for participation. Mainly people from Popoki Peace Project worked on the preparation, so I wish more people from Kokuvola would help it.

Hello!
What will we make?



Welcome!
Join my art!



Sort caps in colors
Stick caps on the
board . . .



At the bazaar many kids joined in making Popoki's art! Some Kids had fun sticking caps on the board or presented their own ideas about what do to with the caps. It was so fun ♪



Kids love doing this !



Finally the bottle cap art Popoki was completed with many colors showing

various emotions!!

Then we showed it to people at the chapel at the closing ceremony, and expressed our thanks to all participants. After the event, all the caps were collected to be recycled.



Thank you for joining us!

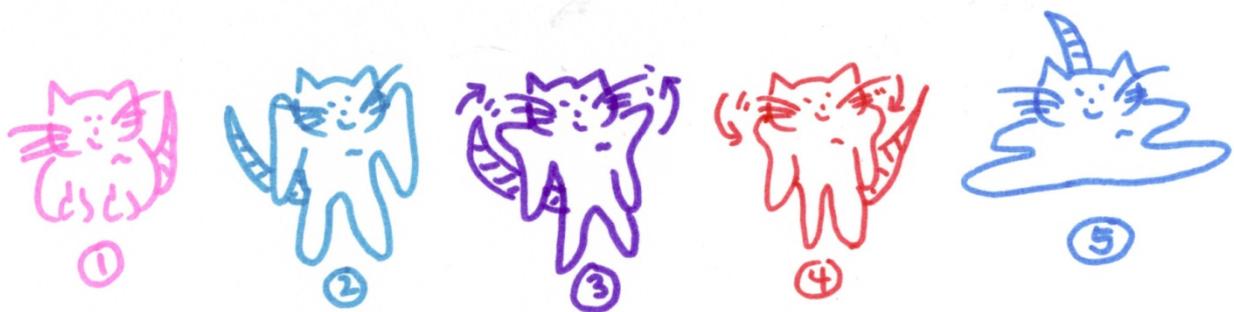
It is very great that kids played and enjoyed the workshop fully.

I really hope that environmental problems shall be solved with as much fun as the kids had!

Popoki's Easy Poga

Lesson 30

It is getting cold here, and that leads to stiff shoulders and necks. This month we concentrate on shoulders. We hope it makes you feel strong and good!



1. As always, sit up straight making yourself look thin.
 2. Now raise your shoulders straight up as high as you can.
 3. Return your shoulders to a comfortable position and rotate back....
 4. Good! Now rotate them forward. If you like, you can try rotating your tail, too.
 5. Did it? Good for you! Time for the "I did it!" pose!
- Congratulations! You have successfully completed Lesson 30. Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

Please join us!



Next Po-kai: 1.6 (Thursday) 17:00- Kobe YMCA Room 304 All welcome for Po-kai and party

December Readings of *Popoki's Peace Books* for children

12.27-28 Popoki at All YMCA English Camp, Tozanso

2011.1.31 **Special Pokai!** International Hansen's Disease Day Program: 'Popoki in Miyakojima – Popoki's Feelings about the current situation of Hansen's Disease and the "Comfort Women"' Kobe YMCA Rm.306 19:00~ Admission free

2.26-27 Popoki at Central Japan District YMCA Global Education Workshop. (in Japanese). Rokkosan YMCA.

March- Peace map program practice and preparation

April/May Peace map program

From Popoki's Friends:

ANPO A film by Linda Hoaglund depicting resistance to U.S. military bases in Japan through a collage of paintings, photographs and animated, narrative and documentary films. URL: <http://anpomovie.com/en.html>

Popoki in Print

- **“What is Behind ‘Popoki, What Color is Peace?’ 1st in a series in “Tosabori Life” No.19 2010.10:4 (In Japanese)**
- HORIKOSHI Takeshi. “Kokusai no mado” (article about Palestine) *Kobe YMCA News* No.604 2010.9-10, p.3
- “If we all participate, something will change! Reflecting on Palestine” *THE YMCA* No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en 2010.3.15
- FM COCOLO 76.5 ‘Heart Lines’ 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- “Human Rights, Popoki and Bare Life.” *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. “Popoki, What Color is Peace? Lecture by Ronni Alexander.” “PPSEAWA” (Pan-Pacific and south-East Asia Women’s Association of Japan), No.63, 2009.12, p.5
- ‘Friendship’ No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- ‘Not for But With...’ No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- ‘Nada’ notice of the Popoki Peace Challenge event, 2009.12, p.2
- ‘Yujotte...Kangaeru Ehon.’ Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- ‘Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,’ *RST/ALN*, No.259 2009.6.28, p.11
- ‘New Books: *Popoki, What Color is Friendship? Popoki’s Peace Book 2*’ (Rebecca Jennison) “Cutting-Edge,” Vol.35 2009.6, p.3
- ‘Thinking about Peace with a Cat: Second Peace Book Published.’ (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- ‘Popoki, What Color is Peace?’ *Kobe YMCA News*, 2009.3.1. No.593. p.2
- ‘Popoki, What Color is Trash?’ *Kobe YMCA News*, 2009.1.1. No.592. p.2
- ‘Tomodachi ni Natte Kuremasenkai,’ *RST/ALN*, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee ‘Universal Declaration of Human Rights.’ Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- “KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki.” *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* “Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles” 2008.10.8. p.10
- “An Interview with Dr. Ronni Alexander.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- “Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at www.tc.edu/PeaceEd/newsletter.)



* **Back issues of Popoki News:** http://popoki.cruisejapan.com/archives_e.html



What Popoki Means to Me



Yohide Sakamoto

My family has a dog (a mix breed). My wife went to the kindergarten to pick up my son (now a high school senior), and came back carefully balancing a puppy on her palms so as "not to break it, or spill it." She had never had a dog, because her family works with food. It was the first time she had ever touched a dog in her life. The soft and lovely feeling was so nice she could not leave it. In the end, I chose the puppy with the "most friendly face" from among the several that it was abandoned with. (My wife thought at the time, "A dog's face is "Friendly"? Did I marry a weird man?)



Now the puppy is 13 years old. She loves snacks, love meals (prefers rice to dog food), loves walking, ignores anyone who calls when she is in a bad mood, naps in the best place with sunshine and wind, continues to sleep deeply at our feet even when bill collectors come.... The neighbors say "she is quiet" but.... I see, it is difficult to tell the difference between "friendly" and "goofy".... Well, I wanted to write about a dog's peaceful life, and didn't mean to write about the (Japanese) punchline, "Bopoki".... *



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)

2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is

at www.los_angeles@kinokuniya.com and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

Popoki, What Color is Friendship? Popoki's Peace Book 2 is not yet available at these bookstores.

Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561 · FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace@gmail.com))

Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



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THANK YOU FROM
POPOKI!



Thank you!