

# Popoki



Newsletter No.59 - 2010.7.28

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## HAPPY SUMMER!!!

[http://popoki.cruisejapan.com/index\\_e.html](http://popoki.cruisejapan.com/index_e.html)

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## Popoki's Hot News!



Popoki is planning a slow, relaxing summer, but he wants to attend the Kamagasaki Summer Festival held in the Triangle park (Sankaku Koen) on 13-15 August. Triangle park is near JR Shin-Imamiya Station or the Dobutsuen-mae subway station.



Popoki has been making new friends. Thanks to his friend Mitsuko Okuda, Popoki met Beth, a psychiatrist in San Francisco, USA. Other new friends in far away places include Katherine, a doctor in Auckland, NZ, Rajjeli, a scholar and activist in Christchurch, NZ and Jennifer, a kindergarten teacher in Seattle, USA.



Thanks to everyone's hard work, the 4<sup>th</sup> printing of *Popoki, What Color is Peace? Popoki's Peace Book 1* has been completed. Let's work together to sell the new copies!

\* All profits from book sales go to support the activities of the Popoki Peace Project.

She's not doing too well with the updates, but this is the address for Ronni's new website: <http://www2.kobe-u.ac.jp/~alexroni/index.html>



## The workshop at Kodomo no sato

Kotaro HIRAYAMA

On July 16th, we held the workshop at Kodomo no sato. The members are Prof. Alexander, Nagashige-san, Satoko-san, Nakagawa-san from JICA, Aastha-san, an international student from Nepal, Masada-san, Nishimura-san, Hirose-san and Hirayama. The workshop was held for an hour and half, and it was very enjoyable.

Before the workshop, we played with children. We were surprised that the children were very full of vitality.

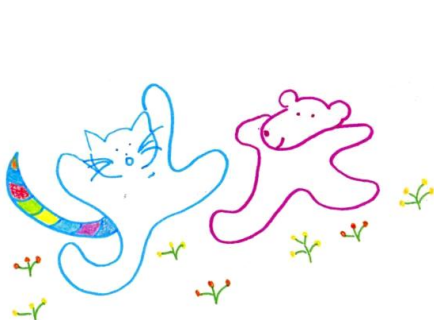
In the workshop, the children listened to our reading very carefully. They requested me to read in English, and Aastha-san read in Nepali. The workshop was very interesting.



After the reading, we had a group painting project with the children. We made four groups and each group painted a picture. The theme was “friendship.” The children painted a lot of pictures with their sensitivity and view that was different from ours. Finally, we put four pictures together. We all felt the warmth of the picture.

Through this workshop, we thought, felt and learned a lot of things. The children taught us a lot of things, too. We did not teach them, but instead learned “friendship” from the children.

I deeply appreciate all the cooperation from all the members, staff of Kodomo no sato and the children. Thank you very much.



# Popoki's Easy Poga

## Lesson 26

Our theme this month is mouth poga, thanks to Ronni's dentist! It will make your gums more healthy and feel good, too! Please be sure to wash your hands before you begin!



1. As always, sit up straight making yourself look thin.
  2. Now put one or two fingers into your mouth and massage your gums around your upper teeth, particularly in the back of your mouth.
  3. Next, try the same thing on your lower gums.
  4. Finally, put your fingers on cheeks and massage your jaw muscles.
  5. Did it? Good for you! Time for the "I did it!" pose!
- Congratulations! You have successfully completed Lesson 26. Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

Please join us!

Next Po-kai: 8.23. (Monday) 19:00-21:00 Kobe YMCA, Rm.421 All welcome!

8. 4-6 Hiroshima YMCA International Youth Peace Seminar. Primarily for high school students. Enquiries at your local YMCA.

8.9-10 Seminar for International Understanding and Development, JICA Hyogo (8/9-10). Open to anyone interested in development education (in Japanese). 8.9 "Popoki, What Color is Peace? Can We Make it Together?"

Information/booking contact: 078-261-0342. e-mail:jicahic-event@jica.go.jp

8.23 Po-kai 19:00-21:00 Kobe YMCA, Rm.421 All welcome!

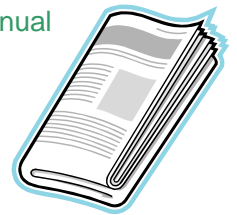
### Announcements from Popoki's Friends

8.13-15 Kamagasaki Summer Festival. Popoki's friends MUSUBI will be selling musubi, and need help. See musubi's blog (<http://musubiproj.exblog.jp/i7/>) or ask Popoki Peace Project for more information.

9.11 Lecture about Inoue Hisashi by Komori Yoichi. Kobe Chuka Kaikan, Toa Hall. Tickets: 1000 yen. Information: 078-222-8651

# Popoki in Print

- “If we all participate, something will change! Reflecting on Palestine” THE YMCA No.607 June 2010, p.1 (YMCA Japan Monthly Newspaper)
- Hiroshima and the World: What Color is Hiroshima? Chugoku Shimbun Peace Media Center, [http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602\\_en](http://www.hiroshimapeacemedia.jp/mediacenter/article.php?story=20100312140608602_en) 2010.3.15
- FM COCOLO 76.5 ‘Heart Lines’ 2010.1.9 Japanese Interview: Ronni on Popoki in Palestine
- “Human Rights, Popoki and Bare Life.” *In Factis Pax Journal of Peace Education and Social Justice* Vol.3, No.1, 2009, pp.46-63 (<http://www.infactispax.org/journal/>)
- Nishide, Ikuyo. “Popoki, What Color is Peace? Lecture by Ronni Alexander.” “PPSEAWA” (Pan-Pacific and south-East Asia Women’s Association of Japan), No.63, 2009.12, p.5
- ‘Friendship’ No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- ‘Not for But With...’ No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- ‘Nada’ notice of the Popoki Peace Challenge event, 2009.12, p.2
- ‘Yujotte...Kangaeru Ehon.’ Asahi Shimbun 2009.7.2 AKUZAWA Etsuko
- ‘Yujo wo kangaete – Ningen to, Neko to, soshite Jibun to,’ RST/ALN, No.259 2009.6.28, p.11
- ‘New Books: Popoki, What Color is Friendship? Popoki’s Peace Book 2 ’ (Rebecca Jennison) “Cutting-Edge,” Vol.35 2009.6, p.3
- ‘Thinking about Peace with a Cat: Second Peace Book Published.’ (SAITO Masashi) *Kobe Shimbun*, 2009.4.21
- ‘Popoki, What Color is Peace?’ Kobe YMCA News, 2009.3.1. No.593. p.2
- ‘Popoki, What Color is Trash?’ Kobe YMCA News, 2009.1.1. No.592. p.2
- ‘Tomodachi ni Natte Kuremasenkai,’ RST/ALN, 2009.2.22
- Popoki on the radio. <http://www.kizzna.fm/> Click on 6CH to hear the program and reading of Popoki in Japanese
- *Yasashii kara hito nann desu* Exhibition Organizing Committee ‘Universal Declaration of Human Rights.’ Hyogo Buraku Liberation and Human Rights Institute. 2008.10. ¥500. For information contact: blrhyg@osk3.3web.jp
- “KFAW College Seminar: What Color is Peace for Women? Thinking about Peace, Violence and Gender with Popoki.” *Asian Breeze* No.54 October 2008, p.8 (Kitakyushu Forum on Asian Women)
- *Kobe Shimbun* “Human Rights Declaration Exhibition Panels: 6 Local Hyogo Artists Illustrate all 30 Articles” 2008.10.8. p.10
- “An Interview with Dr. Ronni Alexander.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
- “Nuclear Security is Inhuman Security – Dr. Ronni Alexander speaks about Hiroshima and Nagasaki.” *The Newpeople*, Pittsburgh’s Peace and Justice Newspaper, Vol.38 No.9, Oct. 2008, p.4
- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>
- Global Campaign for Peace Education News #57 August 2008 (The Global Campaign for Peace Education (GCPE) e-newsletter. Sign-up to receive the newsletter and review back issues online at [www.tc.edu/PeaceEd/newsletter](http://www.tc.edu/PeaceEd/newsletter).)



\* **Back issues of Popoki News:** [http://popoki.cruisejapan.com/archives\\_e.html](http://popoki.cruisejapan.com/archives_e.html)



## What Popoki Means to Me



**Tsunaki Nishimura**

I met Popoki a half year ago. Popoki taught me a new idea about peace. Peace is not a problem only for humans. It is also associated with all creatures living on this earth. Human beings are selfish. Humans always think of themselves first. Sometimes that leads them to destroy nature, and sometimes it also leads to humans attacking one another. Popoki has a lot of friends, including human ones. I think that because he has so many different friends, the peace that Popoki thinks about must be complicated. What does peace look like to Popoki? I cannot imagine the way he must perceive it.

Popoki taught me another important thing. It is about what peace feels like. Different people feel peace differently, and in different ways. Popoki feels peace through color, taste, smell, etc. He uses his five senses. That is not something we can do easily.

Popoki is trying to convey many things to us. I think it might be difficult to be aware of, and understand, all of them. I think that peace is present in our life every day. I think Popoki is trying to tell us that if we are aware and try to feel peace, then even the same senses might feel different.



## PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. *Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

### How to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* from outside of Japan



1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. In the US, thanks to a very satisfied customer, *Popoki, What Color is Peace? Popoki's Peace Book 1* can be ordered from Kinokuniya Bookstore in Los Angeles. The bookstore is at [www.los\\_angeles@kinokuniya.com](http://www.los_angeles@kinokuniya.com) and the telephone number is 213.687.4480. The price is US\$20.00 plus tax. It is also available at Joseph-Beth Booksellers, Pittsburgh, PA.

*Popoki, What Color is Friendship? Popoki's Peace Book 2* is not yet available at these bookstores.

### Some ways to purchase *Popoki, What Color is Peace? Popoki's Peace Book 1* and *Popoki, What Color is Friendship? Popoki's Peace Book 2* from inside Japan

From the publisher, Epic: TEL: 078-241-7561 · FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ([popokipeace\(at\)gmail\(dot\)com](mailto:popokipeace@gmail.com))

*Contributions are always welcome!*

Popoki Peace Project [popokipeace-at-gmail.com](mailto:popokipeace-at-gmail.com)

<http://popoki.cruisejapan.com>

From within Japan, please use our Postal account or Postal bank account:

Account Name ポーポキ・ピース・プロジェクト神戸

Postal Account number: 00920-4-28035

Postal Bank (Yuucho Ginko) account number: Branch No.:099; Branch name: 009 店、special account(当座) 0280350



THANK YOU FROM  
POPOKI!



Thank you!